

HUMAN SERVICES

Physical Address: 31 Arbor Way, Ellington, CT 06029

Mailing Address: P.O. Box 187, Ellington, CT 06029

Phone: 860.870.3128

Joy Hollister, Director of Human Services

jhollister@ellington-ct.gov

Rebecca Stack, Elderly Outreach/Social Worker

rstack@ellington-ct.gov

The Ellington Human Services Department provides programs and services that meet the social services, health care, and transportation needs of the community. Including providing Ellington senior residents and their families with information on programs and services that can assist the elderly in living independently in our community.

PLEASE CALL TO SCHEDULE AN APPOINTMENT

Residents are provided direct service or referred to community-based programs.

SAVE THE DATE.....WEDNESDAY FEBRUARY 26TH AT 1:00 p.m.

Memory CAFÉ

fun, company and conversation

~ For those with early to moderate cognitive loss, their friends and family

**The Café is open
the Last Wednesday
of each month, @ 1 pm**

**Where:
Ellington Human Services,
31 Arbor Way, Ellington, CT**

**RSVP to Rebecca Stack
860-870-3128**



UNDERSTANDING ALZHEIMER'S AND DEMENTIA

An education program presented by the Alzheimer's Association®



ALZHEIMER'S IS NOT NORMAL AGING.

It's a disease of the brain that causes problems with memory, thinking and behavior.

Join us to learn about:

- » The impact of Alzheimer's.
- » The difference between Alzheimer's and dementia.
- » Alzheimer's disease stages and risk factors.
- » Current research and treatments available to address some symptoms.
- » Alzheimer's Association resources.

Wednesday, Feb 26, 2020 | 1 p.m.

**Ellington Human Services
31 Arbor Way, Ellington**

**RSVP: Rebecca Stack 860-870-3128
rstack@ellington-ct.gov**

Visit alz.org/CRF to register online and explore additional education programs in your area.

alzheimer's  association®

Veterans' Coffeehouse

Meets the 3rd Thursday
of the month at

**Hall Memorial Library
at 10:30 a.m.**

Veterans from all branches of the
US Military are invited to attend.



Next Meeting Date :
March 19th

Contact Joe Palombizio
for more information
860-870-3182.

Questions You Should Ask About Home Care



**Ellington Senior Center
March 23rd at 6:00**

A Guide to Help You Choose the Best Home Care Provider
& A Guide On Eligibility for Veteran Benefits For Home Care

Presentation and Refreshments provided by Nicole Matson from

Home Helpers®

Winter heating assistance pays for a household's primary
heating source such as oil, natural gas, electricity, propane,
kerosene, coal, wood and wood pellets on behalf of eligible
households.

**Contact Ellington Human Services
For More Information or to Book Your Appointment.
860.870.3128**

A list of required documents will be mailed to you after you book
your appointment.



Grandma's Pantry is an outdoor/"mini" food
pantry, offering those in need an emergency
resource for food and basic provisions.

It is located outside of the
Human Services Building
~ **31 Arbor Way, Ellington** ~